



Upcoming Event >>>

Mon 1: BOGGLE/ 2:00 Craft Centerpiece Making

Tue 2: 10:00 Cribbage / 10:00 Baking/ 2:00 Bingo

Wed 3: 10:00 Dice/ 1:15 Movie

Thu 4: Beauty Shop/ 2:00 Happy Hour

Fri 5: Crafts available in Activity Room/ 2:00 Bingo

Sat 6: 2:00 Bingo

Sun 7: 2:00 Chetek/Dovre Lutheran Church

Mon 8: BOGGLE/ 2:00 Therapy Warriors/ Total Solar Eclipse

Tue 9: 9:30 Cribbage/ 2:00 Bingo

Wed 10: 10:00 Craft Group/ 2:00 Pizza Party

Thu 11: Beauty Shop/ 10:00 Baking / 2:00 Happy Hour

Fri 12: Crafts available in Activity Room/ 2:00 Bingo

Sat 13: 2:00 Bingo

Sun 14: 2:00 Chetek United Methodist Church

Mon 15: BOGGLE/ 2:00 Game Day

Tue 16: 10:00 Cribbage/ 2:00 Bingo

Wed 17: 10:00 Coloring Available/ 2:00 Brown Bag Auction

Thu 18: Beauty Shop/ 10:00 Po-Ke-No/ 2:00 Happy Hour

Fri 19: 10:00 Communion Service/ 2:00 Bingo

Sat 20: 2:00 Bingo

Sun 21: 2:00 St Boniface Catholic Church

Mon 22: BOGGLE/ 2:00 Jack Gorski

Tue 23: 10:00 Cribbage/ 2:00 Bingo

Wed 24: Inservice/ 1:15 Movie Family Room

Thu 25: Beauty Shop / 10:00 Baking/ 2:00 Happy Hour

Fri 26: 10:00 Catholic Mass/ 2:00 Bingo

Sat 27: 2:00 Bingo

Sun 28: 2:00 The Refuge

Mon 29: BOGGLE/ 2:00 May Day Craft Group

Tue 30: 10:00 Cribbage / 1:15 Resident Council/ 2:00 Bingo

DAILY: Morning Greeting, Room Visits, 1:1 with residents – Puzzles/Games/Crafts available in Activity Room

MONDAY: Weekly BOGGLE passed out, 6:00 Games - Family Rm

TUESDAY: We Care Ministries treats and Pastors Letters

THURSDAY: BEAUTY SHOP IS OPEN, 6:00 Movie - Family Rm

Seven Day a week and evening – Puzzles/Games/Crafts available in Activity Room anytime.

Calendar Subject to Change

Newsletter

Advance Care Directives: Preparations for the Unforeseeable Future

An advance directive is a legal document that spells out a person's health care preferences for use in the event they become incapacitated or otherwise unable to make decisions for themselves. Drafting one provides invaluable guidance and peace of mind for family members and medical professionals.

Drafting an advance directive is highly recommended for older adults and individuals with chronic medical conditions. However, advance care planning isn't reserved for seniors. Life is unpredictable, so these legal documents are important for people of all ages even if they do not have any existing medical conditions.

Why Is Advance Care Planning Important?

Without the instructions that advance directives provide, family members are often conflicted over what kind of treatment their loved ones would have wanted in emergency and end-of-life situations. In the absence of any specific preferences, doctors are legally required to pursue all viable life-sustaining treatment options.

Advance directives can provide guidance in the following health care decisions:

- The use of equipment such as ventilators and dialysis machines.
- The use of cardiopulmonary resuscitation (CPR).
- The use of artificial nutrition via tube feeding and/or artificial hydration via IV.
- Treatments for pain, even if a person is unable to make other decisions (this may be called comfort care or palliative care).
- The decision to donate organs or other body tissues.

Components of an Advance Directive

Advance directives go by different names in different states, but they are usually comprised of two main components: a living will and a durable power of attorney for health care. Add-ons like do-not-resuscitate (DNR) orders, physician orders for life-sustaining treatment (POLST) forms, and organ and tissue donation requests may also be part of a person's advance directive.

Discussing Health Care Wishes

It's crucial to discuss health care options, possible scenarios and personal preferences with a physician prior to executing an advance directive. Broaching such a heavy topic with a loved one can be difficult, but it's crucial to find opportunities to talk about advance care planning. In instances where a loved one resists talking about this subject, ask their doctor for help.

Where to Get an Advance Directive

An attorney can assist with drafting a valid advance care directive but is not necessary. Local hospitals and seniors' organizations, such as Area Agencies on Aging, should be able to direct you to the right forms. The American Bar Association has also compiled a helpful document with links to generic state-specific advance directive forms.

Reference: <https://www.agingcare.com/articles/what-are-advance-care-directives-140690.htm>

Let's play! Word Scramble: April Fool's Day



1. PRKNA _____
2. EJTESR _____
3. MESUA _____
4. UNNYF _____
5. ALIRP _____
6. EFCAR _____
7. LIYLS _____
8. BGULLILE _____
9. OOFSP _____
10. CEIMHSFI _____
11. NUTTS _____
12. GSAG _____
13. XAOH _____
14. ENXTEDPCUE _____
15. MCICOLA _____
16. OUHMR _____
17. EBEUMS _____
18. DUBASR _____
19. OFLO _____
20. NIKGDDI _____



Employee Birthdays

Alyssa M., Apr 05	Angelina S., Apr 23
LeeAnn H., Apr 07	Karen C., Apr 25
Dorothy B., Apr 08	Sara J., Apr 30
Angela P., Apr 14	Bev W., Apr 30
Jennifer F., Apr 20	
William L., Apr 22	
Melissa H., Apr 23	
Nanette R., Apr 23	



Fun & National Holidays!

- Apr 1 April Fool's Day
- Apr 2 PB & J Day
- Apr 3 World Party Day
- Apr 4 Tell a Lie Day
- Apr 5 Walk to Workday
- Apr 6 Sorry Charlie Day
- Apr 7 Coffee Cake Day
- Apr 10 Siblings Day
- Apr 11 Pet Day
- Apr 12 Grilled Cheese Day
- Apr 13 Scrabble Day
- Apr 16 Eggs Benedict Day
- Apr 16 Wear Pajamas to Workday
- Apr 17 Haiku Poetry Day
- Apr 18 High Five Day
- Apr 20 Look Alike Day
- Apr 22 Volunteer Recognition Day
- Apr 22 Jelly Bean Day
- Apr 22 Earth Day
- Apr 23 Picnic Day
- Apr 23 English Muffin Day
- Apr 23 Lovers Day
- Apr 25 DNA Day
- Apr 26 Pretzel Day
- Apr 26 Richter Scale Day
- Apr 28 Superhero Day
- Apr 29 Zipper Day
- Apr 30 Honesty Day
- Apr 30 Oatmeal Cookie Day

Meet our Team >>>

Hometown: Camaeron, WI since I was 2 years old

Tell us about your Job.

I am the Director of Nursing, Overseeing the nursing operations.

Tell us about your family.

My significant other, Jim of 28 years. Two daughters, Amber and Autum, two grandchildren, Merissa (1) and Carson (2).

What are your outside Interests?

I love flowers, gardening, and fishing on our Big Boat.

Something not everyone may know about you.

Both my parents have lived at Meadowbrook at Chetek. I would not have had them be anywhere else because of all the great staff we have!

Favorite sport team

I don't watch sports unless my kids are playing, so, Chetek Bulldogs it is!

Michelle R.

Director of Nursing



Testimonial >>>



"My stay was very nice. I liked the residents and staff. They were courteous and kind Meadowbrook has the best staff who make you feel at home. Meadowbrook at Chetek is an amazing place to send your family if they are in need." **Anonymous Resident**



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Contact us at **715-924-4891**
www.meadowbrookchetek.com



April also is...

National Volunteer Week 4/21-4/27

HUGE THANK YOU TO OUR VOLUNTEERS