



MEADOWBROOK
—CHETEK—

Upcoming Event >>>

- Sat 1: 2:00 Bingo

- Sun 2: 2:00 United Methodist Church
- Mon 3: BOGGLE/ Barber/ 10:00 Bible Study/ 2:00 Catapulting Frogs
- Tue 4: Beauty Shop/ 10:00 Cribbage / 2:00 Bingo
- Wed 5: Subway/ 10:00 Noodles Balloons/ 1:15 Movie
- Thu 6: B/B/ 10:00 Horse Races / 2:00 Happy Hour
- Fri 7: 10:00 Wii Bowling/ 2:00 Bingo
- Sat 8: 2:00 Bingo

- Sun 9: 2:00 St Boniface Catholic Church
- Mon 10: BOGGLE/ B/B 10:00 Craft Group / 2:00 Steve Midboe
- Tue 11: Beauty Shop/ 10:00 Cribbage/ 2:00 Veteran Day
- Wed 12: 10:00 Baking/ 2:00 Monthly Birthday Party
- Thu 13: **Bake Sale – Activity Room**
- Fri 14: 10:00 Bean Bags / 2:00 Bingo
- Sat 15: 2:00 Bingo

- Sun 16: 2:00 Activity Staff
- Mon 17: BOGGLE/ Barber/ 10:00 Bible Study/ 2:00 Jack Gorski
- Tue 18: Beauty Shop/ 10:00 Cribbage/ 1:15 Resident Council/ 2:00 Bingo
- Wed 19: Subway/ 10:00 Coffee with a Veteran/ 1:15 Movie
- Thu 20: 10:00 Baking Group / 2:00 Happy Hour
- Fri 21: 10:00 Monthly Communion / 2:00 Bingo
- Sat 22: 2:00 Bingo

- Sun 23: 2:00 The Refuge
- Mon 24: BOGGLE/ 10:00 Bible Study/ 2:00 Thanksgiving Trivia
- Tue 25: Beauty Shop/ 10:00 Cribbage / 2:00 Bingo
- Wed 26: 2:00 Brown Bag Auction
- Thu 27: Macy’s Parade Happy Thanksgiving
- Fri 28: 10:00 Catholic Mass / 2:00 Bingo
- Sat 29: 2:00 Bingo

- Sun 30: 2:00 Faith Baptist Church

Beauty Shop Open Tuesdays/ Barber Here October 6 & 20- Make appt with Activities.

Oct 8, Chetek Lutheran Tabitha Circle 10:00 – 11:30

Oct 23, Activity Room no afternoon group activity. CHILI FEED – Fundraiser

Thursdays 10:00 Weekly Catholic communion.

Variety of games always available.

Cribbage usually played after supper with regular group.

*****Calendar Subject to Change*****

Newsletter

What are 10 early signs of dementia?

Dementia affects people differently. But there are common early warning signs to watch for. Looking for patterns of these behaviors may help you identify signs your parent may have dementia.

1. **Memory loss:** If your loved one is repeating themselves or increasingly in need of aids such as sticky notes to help remember things, it could be an early symptom of dementia. Repeatedly forgetting the names of familiar friends and family may also be a sign of dementia.
2. **Difficulty problem solving:** If your family member is having trouble problem solving or planning ahead, it could mean their executive functioning abilities are deteriorating. You might notice your loved one struggling to follow recipes they’ve enjoyed cooking for years.
3. **Trouble with familiar tasks:** This could include challenges with household chores, at work, or during leisure activities. Also, if they are struggling to use their cell phone, drive around town, or go shopping.
4. **Confusion with time or place:** If your loved one has trouble with the time or place of events, it could be an early symptom of dementia. Forgetting the date, month, time of year, or important events may be a red flag.
5. **Challenges with visual images and balance:** Dementia also affects people physically. Early physical signs of dementia include difficulty with balance or judging distances, sleeping issues, forgetting to eat, and wandering.
6. **Problems with speech and writing:** Dementia affects how a person speaks and understands language, making it difficult for them to find the right words. They may also have trouble following conversations.
7. **Misplacing items:** After a person with dementia loses something, they may be unable to retrace their steps to find it. Or they might put items in unusual places, such as placing kitchen utensils in bedroom dressers.
8. **Poor judgment:** Your loved one may begin to mismanage finances, neglect their hygiene, fall victim to repeated scams, or improperly care for a pet.
9. **Withdrawal from activities:** Dementia can make it difficult for your relative to participate in activities they once enjoyed. As a result, they might avoid these situations to keep from drawing attention to memory lapses.
10. **Mood and personality changes:** Sudden changes in your family member could become fearful, paranoid, suspicious, depressed, or anxious. Increased anger could also be a warning sign of dementia.



References: <https://www.agingcare.com/articles/alzheimers-disease-dementia-warning-signs-144253.htm>

Let's play! Word Scramble: November



| | |
|------------------|-------|
| 1. LAHKUTNF | _____ |
| 2. RDUOSG | _____ |
| 3. ESRATVH | _____ |
| 4. ILPSMRGI | _____ |
| 5. UMNATU | _____ |
| 6. ECOENILT | _____ |
| 7. EEVSAL | _____ |
| 8. OFBLOALT | _____ |
| 9. PTULYHMO ORKC | _____ |
| 10. ONIUPOCACR | _____ |
| 11. USINPKPM | _____ |
| 12. RNVTESEA YDA | _____ |
| 13. OHCARDR | _____ |



Employee Birthdays

Anne T., Nov 04

Ester S., Nov 23

Jaidyn S., Nov 08

Mandy R., Nov 11

Angela M., Nov 17

Jacob W., Nov 18

Miranda K., Nov 19



2025 Fun & National Holidays!

- ▶ Nov 1 Dia de los Muertos
- ▶ Nov 2 Zero Tasking Day
- ▶ Nov 2 Deviled Eggs Day
- ▶ Nov 3 Sandwich Day
- ▶ Nov 4 Candy Bar Day
- ▶ Nov 5 Doughnut Day
- ▶ Nov 6 Nacho Day
- ▶ Nov 7 Jersey Day
- ▶ Nov 8 Cappuccino Day
- ▶ Nov 10 Vanilla Cupcake Day
- ▶ Nov 11 **Veteran Day**
- ▶ Nov 11 Origami Day
- ▶ Nov 12 Happy Hour Day
- ▶ Nov 12 Chicken Soup Day
- ▶ Nov 13 World Kindness Day
- ▶ Nov 14 Spicy Guacamole Day
- ▶ Nov 14 Pickle Day
- ▶ Nov 14 PJ Gay
- ▶ Nov 16 Fast Food Day
- ▶ Nov 19 Soda Pop Day
- ▶ Nov 20 National Absurdity Day
- ▶ Nov 21 World Hello Day
- ▶ Nov 22 Go For a Ride Day
- ▶ Nov 23 Fibonacci Day
- ▶ Nov 23 Espresso Day
- ▶ Nov 24 Your Unique Talent Day
- ▶ Nov 25 Shopping Reminder Day
- ▶ Nov 25 Parfait Day
- ▶ Nov 26 Cake Day
- ▶ Nov 27 **Happy Thanksgiving!**
- ▶ Nov 28 **Black Friday!**
- ▶ Nov 28 Red Planet Day
- ▶ Nov 30 Computer Security Day

Meet our Team >>>

Hometown: New Richmond, WI

Job Overview.

I work in the Dietary department as Cook.

Tell us about your Family.

I have three children, Gracie 11, Jon 18, and Jesse 26.

What are your outside Interests?

I love hiking and spending family time.

Something not everyone may know about you.

I have a backyard with chickens, two dogs- Maggie and Astrid and five kitties.

Favorite sport team.

I don't have any!

Annie N.

Dietary Cook



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Also, November is...

National Diabetes Month
Alzheimer's Disease Awareness Month
National Home Care and Hospice Month